

The Cyclical Benefits of a Process

Georgina Garza - Artistic Statement

As an artist, my utmost value lies within the process of creating a work. I find that processes lead to new discoveries and inquiries to continue exploring beyond the life of a single work. This ends up contributing directly to my role as an artist-citizen, contributing and making a difference in the community surrounding me. With this, my interests as a performer and creator intertwine, and what I seek from a rehearsal process are the same in both respects/roles.

In particular, I am invested in rehearsal processes where research and collaboration are brought to the forefront. I believe when these tools are incorporated, they reflect a work that lives past its final product. While working in these ways, the process becomes one of growth, with everyone in the room providing a new way to see movements and concepts.

As dancer, I thrive from being able to deeply consider what is being presented to me and asked of me creatively, in turn challenging my perceptions. I strive to stay curious during processes in order to allow this development. By doing this, I am able to further explore myself as artist in practice, which in turn lets me to grow in a way that is mirrored to the evolution of the work. As a performer on stage, I aim to continue to present this same authenticity and curiosity that were created in the studio, allowing the audience a chance to explore the fascination and wonderment within how the work evolved.

Serving as a choreographer, I use both research and collaboration to expand the possibilities to explore within the work. Specifically, I go online to look further into the concept that initially inspires the work, and after finding out more, I create some initial movement phrases. I then provide my dancers with tasks surrounding the concept, and finally I incorporate all elements together. Working in this way fosters a genuine investment by giving me the opportunity to curate a work which more specifically connects to all involved. This then cycles around to creating a more inquisitive environment for us all to be inspired to explore beyond the finality of that single work. I often find more answers and questions come up that I didn't even know I was interested in, inspiring the next concept I choose to investigate.

Ultimately, by going beyond a product or a presented finished work, both as a dancer and choreographer, I am able to curate and develop my artist-citizenry. I'm given the chance to grow and cultivate something that can then lead to exponential impacts for my future artistry, and therefore, the community which I share my work.